

Health and wellbeing board – Health Policy & Practice

Thursday 22nd June 2023

- Health and wellbeing board, as a group, to consider the following for each of the work programme areas:
 - What are the strengths and opportunities for the work programme?
 - What are the challenges, threats and risks for the work programme?
 - What will partners commit to delivering?
 - How will success be measured?



Healthy Harrow

1 Healthy People

Start well
Giving every child
the best start
in life

Live well
Supporting healthy
people of
all ages

Age well
Promoting
healthy ageing

2 Healthy Policy & Practice

Making every
contact count
everyone's
business

Creating and
embedding health
in all policies

Community
involvement

3 Healthy Place

Creating
healthy
and safe
communities

Creating healthy
environments and
addressing
climate change

Developing
and sustaining
a thriving
economy

Making Every Contact Count everyone's business

- What is MECC?
A range of free, 60-90 minute briefings that everyone should know about. The courses are delivered by public health with invited experts where appropriate.
- Key opportunity to engage residents
- All sessions start with Core Training with the second part focussed on a specific topic
- PH looking for a delivery partner from September 2023.

PART 1:
Core
Training
MECC and
models of
Behaviour
change

PART 2:
Selected Topics
as below

Planned delivery at
least x4 sessions per
year

1	Winter Wellness	From Dec 2022 – March 2023
2	Mental Health	From Feb 2023 - ongoing
3	Healthy Beginnings	From Feb 2023 - ongoing
4	Domestic Violence	From Feb 2023 - ongoing
5	Sexual Health	From April 2023 - ongoing
6	Safer Sleep (Infant mortality)	From March 2023
7	Hypertension	From April 2023

- Engagement is built on the basis of open and supportive dialogue following the model used during Covid.
- Thursday Community Touchpoint. Weekly open forum for residents and representatives to discuss topical issues with Public Health and HWB partners.
- Consultation topics, Pharmaceutical Needs Assessment, Carers strategy, CYP and family hubs
- Community Development. February workshop bringing together NHS, Council and CVS support services to share experiences
- Proposal to expand community development workshops, series of sessions specific to a topic inviting providers and residents to discuss case studies.

- What is Health in All Policies
 - Health in all policies is an established approach to improving health and health equity through cross-sector action on the wider determinants of health: the social, environmental, economic and commercial conditions in which people live
- Health and Wellbeing strategy committed to:
 - Embed a health in all policies approach throughout the system
 - Supporting staff to understand how they can influence health and wellbeing through their policies
 - Agree and standardise the approach to Health Impact assessments throughout the borough

Making Every Contact Count everyone's business

- Identifying which communities and neighbourhoods within Harrow that would benefit from the MECC programme through a population health management approach
- Working with the community and voluntary sector to embed the MECC approach
- Developing MECC training for the Harrow workforce, as well as community groups

Community involvement and engagement

- Produce a systematic basis for engagement topics and corresponding schedule of involvement and engagement themes with the community
- Identify who are broad and specific stakeholder groups are and ensure an appropriate level of engagement
- Access to venues and resources (e.g. Children's Centres, Family Hubs, Drop-In Cafes)
- Encouraging volunteering - including micro-volunteering, working as and with local employers
- Joining up support in the community (e.g. around CAB and debt support)
- Prioritising and investing long-term in what we have (JOY social prescribing platform and other digital transformation)

Creating and embedding Health in All Policies

- Embed a health in all policies approach throughout the system
- Supporting staff to understand how they can influence health and wellbeing through their policies
- Agree and standardise the approach to Health Impact assessments throughout the borough
- Support the delivery of Core20PLUS5 programme through primary care
- Embed Population Health Management as an approach across the system.

- Split into three groups
- Each group take one programme of work (e.g. MECC, HIAP etc)
- Answer the questions on the next page, using the flipchart paper and post-it notes
- 15/20 mins of discussion and 5 minutes to feedback
- Each group will have a facilitator

Questions to consider

What are the strengths and opportunities for the work programme?

What are the challenges, threats and risks for the work programme?

What will partners commit to delivering?

How will success be measured?

